

# **NROTC**

# **Parent's Handbook**



Useful Information about the  
Naval Reserve Officer Training Corps  
At  
Oregon State University

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## NROTC Mission Statement

To develop midshipmen morally, mentally, and physically, and to imbue them with the highest ideals of duty, honor and loyalty, and with the core values of honor, courage and commitment in order to commission college graduates as naval officers who possess a basic professional background, are motivated toward careers in the naval service, and have a potential for future development in mind and character so as to assume the highest responsibilities of command, citizenship and government.

## New Student Orientation

Our NROTC Program New Student Orientation (NSO) is structured to provide entry-level familiarity with military life and the NROTC Program in particular. It is not a boot camp or a weeding out period; we want everyone to be successful. The adjustment to a military environment can be stressful, however, and NSO will be a challenge for your son/daughter. We will put them in stressful situations so they learn ways to deal with stress and the fact that they can deal with different types of stress. We do not expect that new midshipmen will emerge from this training as fully polished military members. We do expect to establish a solid foundation for the learning, growth and opportunities that the next four years will present.

Specifically, NSO affords us the opportunity for:

- Issuance of uniforms and basic indoctrination in Navy uniform regulations and grooming standards.
- Instruction in the basics of military customs, courtesies, traditions, and organization including unit regulations and chain of command.
- Acquisition of basic competency in military drill and ceremony.
- Physical fitness training to determine individual Midshipman level of readiness to meet NROTC Program and Navy/Marine Corps standards.
- Instruction in the privileges and benefits of participation in the NROTC Program and individual responsibilities of Midshipmen.

During NSO, your midshipman will participate in many activities with other members of his/her class. Your son/daughter should expect to participate in some or all of the following: physical training and a physical fitness assessment (PFA), introduction to drill, classes on military customs, history and proper uniform wear, swim qualifications, academic success, and time management.

Safety is omnipresent during NSO. Your son/daughter is the future of our naval service. All of their training has been carefully scrutinized to eliminate any needless risk. Members of our staff will be with your son/daughter every step of the way. Our goal is to motivate by example, demonstrating excellence through leadership.

The importance of NSO cannot be overstated. Due to the many schedule demands on your son/daughter during the school year, NSO provides us an invaluable opportunity to train. In order to maximize this opportunity it is imperative that each student arrive in the right frame of mind, expecting to be challenged and in good physical condition. Ideally we would like everyone to be able to run three miles without stopping and for each student to be able to complete 1.5 miles in 12:30 (males) or 15:00 (females). If your son/daughter is not able to accomplish this prior to NSO we still want them to come; it will simply be more challenging. Nothing is insurmountable and we are trained to help them succeed. The following tables define USN and USMC physical fitness standards. Students should strive to attain *at least* the minimum scores in Table 2 and Table 3 per OPNAVINST 6110.1J below:

## USN Physical Fitness Standards (Males)

**TABLE 2**

**PRT STANDARDS FOR MALES**

\*Maximum\* is the highest number of points attainable for an event.

Performance Level	Points	Males: Age 17-19 years				
		Crurl-ups	Push-ups	1.5-mile run	500-yd swim	450-m swim
*Maximum*	100	109	92	8:15	6:30	6:20
Outstanding	90	102	86	9:00	7:15	7:05
Excellent	75	90	76	9:45	8:30	8:20
Good	60	62	51	11:00	11:15	11:05
Satisfactory	45	50	42	12:30	12:45	12:35
Failure	<45	<50	<42	>12:30	>12:45	>12:35
Males: Age 20-24 years						
*Maximum*	100	105	87	8:30	6:30	6:20
Outstanding	90	98	81	9:15	7:30	7:20
Excellent	75	87	71	10:30	8:45	8:35
Good	60	58	47	12:00	11:30	11:20
Satisfactory	45	46	37	13:30	13:00	12:50
Failure	<45	<46	<37	>13:30	>13:00	>12:50
Males: Age 25-29 years						
*Maximum*	100	101	84	8:55	6:38	6:28
Outstanding	90	95	77	9:38	7:38	7:28
Excellent	75	84	67	10:52	8:53	8:43
Good	60	54	44	12:53	11:38	11:28
Satisfactory	45	43	34	14:00	13:08	12:58
Failure	<45	<43	<34	>14:00	>13:08	>12:58
Males: Age 30-34 years						
*Maximum*	100	98	80	9:20	6:45	6:35
Outstanding	90	92	74	10:00	7:45	7:35
Excellent	75	81	64	11:15	9:00	8:50
Good	60	51	41	13:45	11:45	11:35
Satisfactory	45	40	31	14:30	13:15	13:05
Failure	<45	<40	<31	>14:30	>13:15	>13:05
Males: Age 35-39 years						
*Maximum*	100	95	76	9:25	6:53	6:43
Outstanding	90	88	70	10:08	7:53	7:43
Excellent	75	78	60	11:23	9:08	8:58
Good	60	47	37	14:08	11:53	11:43
Satisfactory	45	37	27	15:00	13:23	13:13
Failure	<45	<37	<27	>15:00	>13:23	>13:13
Males: Age 40-44 years						
*Maximum*	100	92	72	9:30	7:00	6:50
Outstanding	90	85	67	10:15	8:00	7:50
Excellent	75	76	56	11:45	9:15	9:05
Good	60	44	34	14:30	12:00	11:50
Satisfactory	45	35	24	15:30	13:30	13:20
Failure	<45	<35	<24	>15:30	>13:30	>13:20

## USN Physical Fitness Standards (Females)

**TABLE 3**  
**PRT STANDARDS FOR FEMALES**

"Maximum" is the highest number of points attainable for an event.

Performance Level	Points	Females: Age 17-19 years				
		Curl-ups	Push-ups	1.5-mile run	500-yd swim	450-m swim
"Maximum"	100	109	51	9:29	6:45	6:35
Outstanding	90	102	47	11:30	8:30	8:20
Excellent	75	90	42	12:30	9:45	9:35
Good	60	62	24	13:30	13:00	12:50
Satisfactory	45	50	19	15:00	14:15	14:05
Failure	<45	<50	<19	>15:00	>14:15	>14:05
<b>Females: Age 20-24 years</b>						
"Maximum"	100	105	48	9:47	7:15	7:05
Outstanding	90	98	44	11:30	8:45	8:35
Excellent	75	87	39	13:15	10:00	9:50
Good	60	58	21	14:15	13:15	13:05
Satisfactory	45	46	16	15:30	14:30	14:20
Failure	<45	<46	<16	>15:30	>14:30	>14:20
<b>Females: Age 25-29 years</b>						
"Maximum"	100	101	46	10:17	7:23	7:13
Outstanding	90	95	43	11:45	9:00	8:50
Excellent	75	84	37	13:23	10:15	10:05
Good	60	54	19	14:53	13:30	13:20
Satisfactory	45	43	13	16:08	14:45	14:35
Failure	<45	<43	<13	>16:08	>14:45	>14:35
<b>Females: Age 30-34 years</b>						
"Maximum"	100	98	44	10:46	7:30	7:20
Outstanding	90	92	41	12:00	9:15	9:05
Excellent	75	81	35	13:30	10:30	10:20
Good	60	51	17	15:30	13:45	13:35
Satisfactory	45	40	11	16:45	15:00	14:50
Failure	<45	<40	<11	>16:45	>15:00	>14:50
<b>Females: Age 35-39 years</b>						
"Maximum"	100	95	43	10:51	7:45	7:35
Outstanding	90	88	39	12:08	9:30	9:20
Excellent	75	78	34	13:45	10:45	10:35
Good	60	47	14	15:53	14:00	13:50
Satisfactory	45	37	9	17:00	15:15	15:05
Failure	<45	<37	<9	>17:00	>15:15	>15:05
<b>Females: Age 40-44 years</b>						
"Maximum"	100	92	41	10:56	8:00	7:50
Outstanding	90	85	37	12:15	9:45	9:35
Excellent	75	76	32	14:00	11:00	10:50
Good	60	44	12	16:15	14:15	14:05
Satisfactory	45	35	7	17:15	15:30	15:20
Failure	<45	<35	<7	>17:15	>15:30	>15:20

## USMC Physical Fitness Standards (Males)

Performance		Males: Age 17-19 years		
Class	Points	Crunches	Pull-ups	3-mile run
1 <sup>st</sup>	100	100	20	18:00
1 <sup>st</sup>	95	95	19	18:50
1 <sup>st</sup>	90	90	18	19:40
1 <sup>st</sup>	85	85	17	20:30
1 <sup>st</sup>	80	80	16	21:20
1 <sup>st</sup>	75	75	15	22:10
2nd	70	70	14	23:00
2nd	65	65	13	23:50
2nd	60	60	12	24:40
3rd	55	55	11	25:30

## USMC Physical Fitness Standards (Females)

Performance		Females: Age 17-19 years		
Class	Points	Crunches	Flexed-Arm Hang	3-mile run
1 <sup>st</sup>	100	100	70 sec	21:00
1 <sup>st</sup>	95	95	68 sec	21:50
1 <sup>st</sup>	90	90	65 sec	22:40
1 <sup>st</sup>	85	85	63 sec	23:30
1 <sup>st</sup>	80	80	60 sec	24:20
1 <sup>st</sup>	75	75	58 sec	25:10
2nd	70	70	55 sec	26:00
2nd	65	65	53 sec	26:50
2nd	60	60	50 sec	27:40
3rd	55	55	48 sec	28:30

## Height and Weight Standards

**MAXIMUM WEIGHT FOR HEIGHT SCREENING TABLE**

Men Maximum Weight (pounds)	Member's Height (inches with fractions rounded up to nearest whole inch)	Women Maximum Weight (pounds)
127	57	127
131	58	131
136	59	136
141	60	141
145	61	145
150	62	149
155	63	152
160	64	156
165	65	160
170	66	163
175	67	167
181	68	170
186	69	174
191	70	177
196	71	181
201	72	185
206	73	189
211	74	194
216	75	200
221	76	205
226	77	211
231	78	216
236	79	222
241	80	227

Finally, while NSO is a serious event, we also make time for fun. Once acclimatized to their new roles and responsibilities, your son/daughter will begin to develop an “esprit de corps”, a sense of fraternity, with his/her fellow midshipmen and an appreciation and pride for the history and traditions of the naval service. This bond and the trust and teamwork that accompany it are the mark of all professional officers.

To learn more about a physical training plan prior to NSO, visit <https://www.nrotc.navy.mil> and click on the Physical Training Plan link on the right side of the page. If you have specific questions regarding NSO, please do not hesitate to contact the unit.

## Program Requirements

Students participating in the NROTC program are required to be U.S. Citizens. Those students who enter the program with a dual citizenship must relinquish their non-U.S. citizenship prior to commissioning. In addition, NROTC students are required to complete a Bachelor's Degree at an accredited institution in four years and receive a commission as an officer in the United States Navy or the United States Marine Corps. Technical and Engineering majors are most highly encouraged. It is recognized that some technical degrees are difficult to complete when combined with Naval Science classes. The student is likely to incur the cost of any extra terms, though the Navy may be willing to pay if the student can show they did everything possible to complete on time.

## Academic Requirements

The following are the academic requirements for participation in the NROTC program and commissioning per the Navy's Regulations for Officer Development:

**Table 4-1: Specified Courses**

Courses	Completed by end of year:	Minimum Semester Hours	USN Scholarship	USMC Scholarship	USN CP	USMC CP	Nurse	ST A-21
Calculus	Sophomore	6	R	A	A	A	N	P
Physics	Junior	6	R	A	A	A	N	P
College Algebra or Advanced Trigonometry	Junior	6	--	--	R	A	N	P
Physical Science	Senior	6	--	--	R	A	N	P
American History or National Security Policy	Senior	3	R	R	R	R	N	P
World Culture and Regional Studies	Senior	3	R	A	R	A	R	P
English	Sophomore	6	R	R	R	R	R	R

*Navy option students must complete Calculus prior to the start of their junior year and Calculus-based physics prior to the start of their senior year.*

*College Program students (discussed later) are required to complete three terms of advanced mathematics and three terms of physical science. All Navy College Program students are encouraged to complete Calculus and Physics to enhance their competitiveness for scholarships.*

**Table 4-2: Naval Science Course**

Courses	Year Completed	USN Scholar-ship	USMC Scholar-ship	USN CP	USMC CP	MECEP	Nurse Option	STA-21
Introduction to Naval Science	Freshman	R	R	R	R	N	R	R*
Sea Power and Maritime Affairs	Freshman	R	R	R	R	N	R	R*
Leadership and Management	Sophomore	R	R	R	R	N	R	R
Navigation	Sophomore	R	N	R	N	N	N	R*
Engineering	Junior	R	N	R	N	N	N	R*
Weapons	Junior	R	N	R	N	N	N	R*
Naval Operations and Seamanship	Senior	R	N	R	N	N	N	R*
Leadership and Ethics	Senior	R	R	R	R	R	R	R
Evolution of Warfare	Sophomore/Junior	N	R	N	R	R	N	N
Amphibious Warfare	Junior/Senior	N	R	N	R	R	N	N
Naval Science Laboratory	All years	R	R	R	R	R	R	R

R= Required; N= Not required; R\*= Required but taken at NSI.

Students who complete requisite NROTC Program classes are eligible to receive a minor in Naval Science at Oregon State University. Students are required to maintain an academic Grade Point Average of 2.5 on a 4.0 scale to remain in good standing.

### Summer Training

All scholarship students and rising senior college program midshipmen will participate in summer training or “summer cruise” lasting an average of 4 weeks following every academic year. The first summer training event is CORTRAMID (Career Officer Reserve Training for Midshipmen) and provides a brief exposure to the Marine Corps ground and Naval unrestricted line communities, to include Surface Warfare, Submarine Warfare, Aviation, and Infantry. The second and first class summer training allow students to explore the enlisted and officer responsibilities at sea and afford an opportunity for in-depth exploration of the aviation, submarine or surface communities. Second-class Marine Options attend Mountain Warfare Training, while first-class Marine Options attend Officer Candidate School.

Students are given the opportunity to provide inputs with regards to where they would like to travel and when they would like to go. This allows students to plan the remainder of their summers, including work,

family vacations, or continued study. It is recommended that the student obtain a valid US Passport to allow maximum opportunity for overseas training assignment.

## Physical Training

All students are required to maintain minimum levels of physical fitness as prescribed by the Navy and Marine Corps. See tables provided on pages 3-5.

Navy Option midshipmen are required to achieve a minimum of *Good* on their bi-annual Physical Fitness Assessment (PFA), and Marine Option midshipmen are required to achieve a 1<sup>st</sup> Class (225 out of 300) on their Physical Fitness Test (PFT) and a 1<sup>st</sup> Class (270 out of 300) on their Combat Fitness Test (CFT). Students who achieve less than the minimum score will be placed in a Fitness Enhancement Program (FEP) which will require additional logged weekly workouts.

## Option Specific Requirements

Navy Option midshipmen are also required to qualify:

- Swimming: 3<sup>rd</sup> Class Swimmer prior to sophomore year
- Sailing: Skipper B prior to senior year

Marine Option midshipmen are also required to:

- Participate in Semper Fidelis Society activities
- Successfully complete Officer Candidate School (OCS)

## Monetary Benefits

### Scholarship Students

NROTC covers the following for scholarship students:

- Full Tuition and mandatory fees
- Term (quarterly) stipend for books (\$250)
- Monthly stipend for expenses during academic year (\$250 for freshman, \$300 for sophomores, \$350 for juniors, \$400 for seniors)
- All uniforms

*Tuition is paid between the middle and end of the term. You can expect to receive tuition bills from the university, however, you do not need to pay the tuition and mandatory fees portion of the bill. The NROTC unit will inform the university that your child is part of the program and that the tuition will be paid. However, payment cannot be made until the student has completed their DODMERB physical evaluation and found fully qualified. Tuition will be paid retroactively to the start of the term, but the stipend will be paid beginning the date the student is found physically qualified.*

In the event of a change in your student's status, your student should inform you if his/her tuition will not be paid. (See Change of Status)

### College Program

College Program midshipman are non-scholarship students at their selected universities. "College Programmers" are considered members of the NROTC unit and participate in the same activities as students with scholarships. College Program students may apply for a variety of scholarships after their first term of participation in the program. Limited two and three year scholarships exist both for the Navy

and Marine Corps. Scholarships are awarded based on academic and physical performance. Your child may increase his/her opportunity to obtain a scholarship by achieving good grades, participating in battalion activities, scoring well on the physical fitness assessment and taking calculus and physics early in his/her college career.

College Program pays for uniforms and instructional fees for Naval Science courses.

If the College Program student does not earn a scholarship, they may be selected for “advanced standing” at the beginning of their junior year. Advanced Standing College Program students may receive a monthly stipend for a maximum of 20 months. They are required to complete the academic requirements (see Program Requirements) and one summer cruise.

Current Oregon State University tuition rates: [OSU Tuition & Fees Information](#).

## Room and Board

The NROTC program does NOT cover room and board. Oregon State University does not provide room and board specifically for NROTC students. However, students can apply for additional financial aid from the university to be applied for these expenses. When making dorm assignments, the university *does* attempt to place NROTC students together in Finley Hall. Students may request specific dorm assignments through University Housing and Dining Services at (541) 737-4771 or (800) 291-4192. College Program students can request Finley Hall in order to be in closer proximity to the NROTC Unit and their peers.

## Tutoring

OSU has tutoring resources available to students; however, the OSU NROTC unit pays for Calculus and Physics tutors and other tutors on an as-needed basis as an additional resource for NROTC students.

## NROTC Policies

**As future officer in the military NROTC students will be held to a higher standard than the general population and they should take pride in upholding that standard.**

The following policies apply to the students of the NROTC program, as well as staff interaction with both the NROTC students and parents. Additional policies regarding changes in student status will be discussed in the Change of Status section of this handbook.

## A Student’s Right to Privacy & the Family Education Right to Privacy Act (FERPA)

As an adult, your student is entitled to privacy with respect to his/her grades, records, and private life. Students participating in the NROTC program sign two privacy act statements upon enrolling in the program:

- Medical Statement – for use in medical and dental records
- Privacy Act Statement – for use in enlistment records

Students are required to sign both the Medical and general Privacy Act Statements.

FERPA was enacted to protect your student's right to privacy. Therefore, under most circumstances, before the NROTC program can discuss your student's status with you, your student must give the speaker permission.

As a result, our advisors might recommend that you speak with your student if you do call to request any information.

## **Drug Policy and Urinalysis**

The Department of the Navy has a zero tolerance policy with regard to drug use. The Commanding Officers of all NROTC units are authorized to conduct urinalysis for drug screening.

Upon enrollment in the program, all students will sign a statement concerning pre-service illicit drug use. Beginning their first term, all students will participate in a drug testing program. In the event that a student tests positive for drugs, a performance review board (PRB) will be immediately convened and the student will be recommended for disenrollment on the first offense.

## **Alcohol Policy**

Standard Navy policy applies to all hands and alcohol abuse (underage drinking, driving under the influence, public drunkenness, etc.) will not be tolerated. Students should ask themselves, "are my actions worth the risk of losing my college funding or the opportunity to get my degree and/or having to pay back whatever has been spent by the government?" Students should not confuse socializing with alcohol abuse. Socializing is highly encouraged and a great time can be had without the abuse of alcohol. Since we are training future leaders we will hold our students responsible for incidents that they should have prevented (e.g., party at your house and another student has an accident while driving drunk after leaving your home).

## **Participation in Battalion activities**

We expect all NROTC midshipmen to participate in required activities such as: The Fall and Spring dances, the Joint Service Review, and the Spring Awards Ceremony. When the Northwest Navy competition is held in Corvallis, we expect everyone to participate in some manner (to include competitor, coach, manager, timer, judge, or other contributing position). We also encourage midshipmen to participate in other extracurricular activities offered by the NROTC unit.

## **Priorities**

NROTC midshipmen should seek what we call "Balance." There is no question that academics are important. A midshipman cannot commission if he or she does not complete their degree. Their goal should be to graduate with honors. It is also important to remember academics are not everything. Were that so, we could take people straight from the graduation ceremony podium with diploma in hand, and "give" them a commission. Instead, we spend four years developing their leadership abilities and physical skills to facilitate earning a commission as a junior officer. Midshipmen battalion duties contribute to their leadership growth. Their athletic activities contribute to their fitness and physical and emotional health. Your son or daughter should remain focused and never lose sight of the fact that each one of these areas is important in its own right.

## Have Fun

The old adage is true; “if you aren’t having fun you aren’t doing it right.” It won’t always be fun but students should strive for it. A positive atmosphere produces quality results for both future leaders and those they seek to lead. Your son or daughter is part of a great organization and is destined for other great organizations: the U.S. Navy and U.S. Marine Corps.

## Interaction with Advisors

One distinct advantage of the NROTC program is that your midshipman will have a dedicated student advisor at the NROTC unit. These advisors are active duty Navy and Marine Officers who also teach Naval Science courses. The advisors check degree plans, confirm that program requirements are being met, verify class schedules, and advise midshipmen on academic and other matters as necessary.

In exchange, midshipmen are required to complete the following:

- A minimum of two meetings with his/her advisor per term
- Provide his/her advisor with an up-to-date class schedule
- Provide his/her advisor with a degree plan (once a major is declared) that is signed by the academic advisor.
- Keep advisor aware of problems – academic or otherwise – that are affecting the student’s work, studying or summer cruise
- Inform his/her advisor prior to dropping any class, if they wish to change their major or registering for online or web- based courses

The advisors’ doors are always open to students; students can stop by or schedule appointments in person, by phone or by email.

## Changes in Status – Academic/Aptitude/Medical

Unfortunately, during the course of your student’s college career, unforeseen circumstances may arise that affect his/her status as a midshipman. This section will describe three categories of potential problems. The examples given below are not all inclusive. Each student’s case is determined on an individual basis, however, the information summarize the guidelines that our staff will use in assessing your student’s status.

**Academic** – your student is required to maintain a term and cumulative grade point average (GPA) greater than or equal to 2.5 on a 4.0 scale (3.5 on a 5.0 scale). All students must pass all NROTC requirements and required classes for their majors.

**Aptitude** – this category applies to physical fitness, swim qualification, military bearing, and general behavior. Your student will receive an evaluation every semester that assesses his/her aptitude in terms of the items listed above. To remain in good standing, your midshipman must satisfactorily pass the physical fitness assessment (PFA), complete the required qualifications and demonstrate the character and bearing required of a future Navy or Marine Corps officer.

**Medical** – this category covers illnesses or injuries that potentially affect your midshipman’s academics, ability to meet required fitness or swim standards, or potential to be commissioned. Some examples of

conditions requiring medical action include torn ligaments, migraine headaches, mononucleosis, a broken bone, or laser eye surgery. See the Leave of Absence paragraph of this section for more information.

## **Good Standing**

All midshipmen begin the program in good standing. Students remain in good standing as long as they meet the program requirements, participate in required activities, and remain on track to graduate and be commissioned within four years.

## **Warning – Academic/Aptitude**

Students will be placed in a warning status for an academic or aptitude GPA of less than 2.5. Warning status may require mandatory study or workout hours and a weekly meeting with your midshipman's NROTC advisor, as well as additional actions as required by the case.

## **Probation – Academic/Aptitude**

Students will be placed on probation for an academic or aptitude GPA of less than 2.0, failure of a required class, or a first time PFA failure (excluding seniors). Students will be notified, in writing, of the terms of their probation and the actions required to be removed from probation. Failure to complete these actions will result in a Performance Review Board and a possible recommendation for Leave of Absence or Disenrollment.

## **Performance Review Board (PRB) – Academic/Aptitude**

This is a three member board, usually convened by the Executive Officer (XO), to review the performance of a midshipman. The PRB may recommend a change in student status, including Leave of Absence or Disenrollment. A PRB may be convened for repeated poor academic or aptitude performance, multiple or repeated class failures, multiple PFA failures (first-time failures for seniors), failure to meet program requirements prior to the prescribed deadlines, or a positive drug test, as well other reasons as the Commanding Officer requires.

## **Leave of Absence (LOA) – Academic/Aptitude/Medical**

A Leave of Absence may be recommended for any of the reasons listed above, as well as for medical problems (while awaiting further evaluation), or if the student requires more time to graduate. During LOA, all benefits are suspended, including tuition and stipends; your student will be required to cover all of his/her own expenses. The midshipman will be notified, in writing, of the required actions to complete in order to be returned to good standing. Under normal circumstances continued participation in the NROTC program will be one condition of the LOA.

Your student may request a Personal LOA for personal reasons or to pursue graduate education. Your student then voluntarily elects to cover his/her own expenses for the term(s) that he/she is not participating in the NROTC program.

A student may be placed in Medical LOA, following pregnancy, illness, injury, or elective surgery, pending further medical evaluation. Your student should keep copies of all records and doctor assessments. Provided that your student heals quickly, and the Naval Bureau of Medicine concurs that your student is

physically qualified for commissioning, all benefits – including tuition and stipends – are reimbursable. If, for some reason, your student is not commissionable following his/her injury or illness, a determination will be made by the Naval Service Training Command (NSTC) regarding disenrollment and recoupment.

## **Disenrollment and Recoupment**

Disenrollment is voluntary or involuntary removal from the NROTC program. Disenrollment will be recommended for the following (please note that this list is not all-inclusive): Failure to meet required actions during academic or aptitude LOA, third PFA failure or failure to meet Good Low Run standard during senior year, and drug use (automatic PRB and disenrollment for first positive test).

Scholarship students who voluntarily separate from the NROTC program during their freshman year are not required to reimburse the program. However, midshipmen incur an obligation the first day of their sophomore year which includes the repayment of freshman benefits. In addition, before we are allowed to pay tuition for the Fall term, all students must be in "good standing" for the first 45 days of the Fall term. If they lose their standing or drop any time prior to the 46th day of the Fall term, their tuition will not be paid and they will be liable to the university for all tuition and fees for the term. Shortly after returning from NSO, every scholarship student signs a copy of the NROTC Scholarship Service Agreement which explains this in further detail.

Scholarship students who are disenrolled after the first day of their sophomore year will be subject to monetary recoupment. Students are required to reimburse the government for all expenses incurred during their time in the program if they are disenrolled, or they may request or may be assigned active enlisted service in lieu of monetary recoupment.

A student who is disenrolled for medical reasons may or may not be required to reimburse the Naval ROTC program for expenses incurred. Most often they are required to provide reimbursement.

College Program midshipmen may disenroll from the program at any time prior to being placed in advanced standing. Once a college program student is placed in advance standing or receives a scholarship, he/she incurs the same obligation as those who entered the program on scholarship.

## **Unit Activities**

Midshipmen in the NROTC program participate in several different activities. This section will discuss a few of these activities.

### **Weekly Activities**

On a weekly basis your student will attend at least two NROTC meetings, leadership laboratory and professional development laboratory. Leadership laboratory is the weekly meeting of the NROTC battalion. Midshipmen meet with their student chain of command to discuss current events and career opportunities or participate in unit functions.

Your student is responsible for maintaining his/her own physical fitness, however, PT activities will be provided. The NROTC unit conducts organized PT sessions every Monday and Friday.

## **Semper Fidelis Club**

The intent of the Semper Fi Club is to provide mentorship to future Marine Corps Officers in all areas pertaining to good conduct and effective leadership. In this regard, the primary aim is to instill confidence, decisiveness, initiative, and to expand the knowledge base of the Corps' future leaders. Each member of the club is assigned a mentor to guide them along the path to becoming successful leaders of Marines. The objectives of the club are achieved through professional military instruction, a demanding physical training regimen, and field exercises aimed at preparing Midshipmen for Officer Candidates School and future service as a company grade officer in the operating forces.

## **Aviation Club**

Aviation club meets once every two weeks. The purpose of the club is primarily to educate people interested in being pilots or naval flight officers (NFOs) in the Navy. Additionally, the club also helps with preparation for the Aviation Selection Test Battery (ASTB), which all potential aviators need to take in order to be eligible for selection. The aviation club does a number of fundraising activities in order to support an annual trip to a nearby U.S. Naval base, where we tour the facilities and get a close-up look at different aircraft.

## **Submarine Club**

The purpose of the Oregon State NROTC Submarine Club is to promote camaraderie and esprit de corps among the future members of the Navy's "Silent Service" and those selected for the SWO Nuclear Program. The club activities include monthly meetings, briefs given by current and former Submarine officers and enlisted, and a yearly trip to the Officer's Submarine Ball in Northwest Washington. Sub Club doesn't currently hold a regular meeting time but meets at least once a month.

## **Surface Warfare Club**

SWO Club meets every other week. The mission is to educate and prepare Midshipmen of the Naval Reserve Officers Training Corps and interested students of Oregon State University in the science, history, and leadership roles for a career as a Surface Warfare Officer in the United States Navy as well as further educate those interested in pursuing a career within the SWO community. Club activities include briefs, game nights, and recreational PT. Fundraisers are conducted on an infrequent basis to aid in the execution of a trip to the Portland Rose Festival where participants can tour U.S. Naval ships and learn more about their service to the fleet. We look forward to seeing you as a member of our club.

## **Activities**

The OSU NROTC Battalion hosts several unit functions each year including: Commander's Cup, Veteran's Day Parade, Northwest Navy competition, Joint Service Olympics, Joint Service Review, Spring Awards Ceremony, as well as several Commissioning Ceremonies. These activities allow students to interact outside of the battalion and help build lasting ties between the midshipmen.

Additionally, the students attend a Navy and Marine Corps Birthday Ball during the fall term and a Spring Ball during the spring term. These balls give the students the opportunity to interact with officers and civilians at a military social function, while having fun. Seniors participate in a Senior Mess Night which is a fun, formal dinner with only their classmates and staff.

## **Joint Service Review (JSR) and the Spring Awards Ceremony**

The annual Joint Service Review is conducted at OSU during the spring term, usually in April/May. The Army, Navy, and Air Force ROTC units conduct a formal military parade before Commanding Officers and

university officials.

The Spring Awards Ceremony follows JSR; several midshipmen receive awards for outstanding performance, academic achievements and community service. Parents are encouraged to attend both events.

### **Northwest Navy**

During the academic year, students have the opportunity to participate in a regional NROTC competition between NROTC units in the northwest. Participating units include Oregon State, University of Washington, Washington State/Idaho, and University of Utah. The competition is usually held around spring break and students of all skill levels are encouraged to compete. The event is held at each of the universities on an annually rotating basis. Students compete in many sporting events to include physical skills, basketball, volleyball, soccer, swimming, academics, drill, and marksmanship. Parents are encouraged to attend this event as well.

### **Community Service**

Community service is central to our mission, to develop midshipmen morally, mentally, and physically, and to imbue them with the highest ideals of duty, honor and loyalty. Therefore, midshipmen are always encouraged to perform community service; both ongoing and single-day events are planned throughout the academic year. Opportunities such as JROTC drill judging, military funeral honors, Veteran's and Memorial Day support, food and blood drives, Relay for Life, and March of Dimes are a few that our students support.

## NROTC Annual Recurring Events

<b>September</b>	New Student Orientation
	<i>Fall Term classes begin</i>
<b>October</b>	Physical Fitness Assessment/Test
	Navy Birthday Cake Cut Ceremony
	Battalion Uniform Inspection
<b>November</b>	USMC Birthday Cake Cut Ceremony
	Fall Ball
	Veteran's Day Parade
<b>December</b>	Commissioning Ceremony
	Winter Break
<b>January</b>	Commander's Cup results
	<i>Winter term classes begin</i>
<b>February</b>	OSU Food Drive competition
	Battalion Change of Command
<b>March</b>	SWO Ship Selection
	Commissioning Ceremony
	Spring Break
<b>April</b>	Northwest Navy competition
	<i>Spring term classes begin</i>
	Joint Service Olympics
	Senior Mess Night
	Battalion Uniform Inspection
	Submarine Ball
<b>May</b>	Joint Service Review/Spring Awards Ceremony
	Physical Fitness Assessment/Test
	Spring Ball
	Memorial Day ceremonial support
<b>June</b>	Commander's Cup results
	Portland Rose Festival
	Commissioning Ceremony
	OSU Commencement

## **Graduate Education**

There will be graduate education opportunities several times in your student's future. Navy and Marine Corps officers are encouraged to attain advanced degrees, so some funding is available later during your student's career for graduate education.

### **Graduate Leave of Absence (GLOA)**

Students desiring to pursue their graduate degrees immediately following graduation may request GLOA. The student postpones commissioning in order to pursue graduate education at his/her own expense.

### **Graduate Work Scholarships**

Some commissioning programs, including the Medical and Dental Corps, agree to pay for immediate advanced education following commissioning. In exchange, future officers attend Medical or Dental school as inactive reservists while receiving tuition and a monthly stipend and agree to serve additional active time in their field of service following completion of school.

Two commissioning programs offer graduate education after the initial sea-tour. The Surface Warfare Oceanography and Engineering Duty options offer funding to assist with graduate education following the first two-year sea tour. In exchange, future officers extend on active duty and work in the Oceanography or Engineering Duty Officer communities.

Additionally, Government Education Vouchers are available to officers who extend on active-duty beyond their initial commitment. For example, officers in the Surface Warfare community who agree to complete 36 months as a department head qualify for two years of graduate education; officers can complete their graduate work at the school of their choice prior to department head school.

### **Immediate Post-Graduate Opportunities**

Several midshipmen are competitively selected to attend the Naval Post-Graduate School in Monterey, California, immediately after commissioning. Other competitive programs are also available for overseas study or study at local universities, with full or partial Navy funding. Additional obligated service is accrued when these educational benefits are accepted.

## **Life After NROTC**

### **Service Assignment**

Approximately 6 - 9 months prior to commissioning Navy option students submit their top three choices of warfare communities in which they would like to serve. A service selection package is put together and reviewed by the Commanding Officer who endorses their choices based on their performance while in the NROTC program. The packages are then forwarded to Naval Service Training Command for final approval. This is a competitive process where grades, physical fitness, and overall aptitude are scrutinized. A few months prior to commissioning, the results are announced and students begin to receive official orders to their first duty stations as commissioned officers.

## Commitment

All students who participate in the NROTC program and are commissioned into the Navy or Marine Corps agree to an eight year minimum commitment – depending on the selected community, the active duty and inactive reserve duty commitments vary, but add up to at least eight years (four active; four reserve).

Surface Warfare/Special Operations/Special Warfare

4 years active

Submarine/Surface Nuclear/Naval Reactors

5 years active

Aviation – Pilot/Naval Flight Officer (Navy or Marine)

6 years active *after wings (NFO)*

8 years active *after wings (Pilot)*

Medical/Dental Corps

8 years after Med School

Marine Corps – MOS dependent

4 years active minimum

## **Glossary of Terms and Abbreviations**

### **Advanced Standing**

College program midshipman in his/her junior or senior year who is receiving a stipend and has agreed to serve on active duty in the Navy or Marine Corps

### **College Program**

Midshipman who is voluntarily participating in the NROTC program without scholarship benefits  
CORTRAMID Career Orientation and Training for Midshipmen: Summer Training for rising sophomores at Norfolk, VA, or San Diego, CA

### **First Class**

Fourth year midshipman (usually a senior)

### **Fourth Class**

First year midshipman (usually a freshman)

### **LOA**

Leave of Absence

### **Midshipman**

Student participating in the NROTC program

### **Navy Option**

Midshipman who will be commissioned as a naval officer following graduation

### **Nurse Option**

Midshipman pursuing a degree in nursing, who agrees to be commissioned as an officer in the Nurse Corps

### **Marine Option**

Midshipman selected for commissioning as an officer in the Marine Corps following graduation

### **Pass In Review**

Annual formal parade of all ROTC participants for presentation to university officials

### **PFA**

Physical Fitness Assessment

### **PRB**

Performance Review Board

### **Scholarship Student**

Midshipman whose tuition is being paid for by the NROTC program

### **Second Class**

Third year midshipman (usually a junior)

**Semper Fidelis Society**

Association of all Marine Options and any other willing midshipman

**Third Class**

Second year midshipman (usually a sophomore)

**OSU NROTC Useful Numbers**

NROTC Information	(541) 737-6289
Fax Number	(541) 737-3183
Commanding Officer	(541) 737-5606
Executive Officer	(541) 737-5607
Marine Officer Instructor	(541) 737-5608
Freshman Class Advisor	(541) 737-5620
Sophomore Class Advisor	(541) 737-5610
Junior Class Advisor	(541) 737-5611
Mailing Address	Department of Naval Science 104 Naval ROTC Armory Corvallis, OR 97331
Web Address	<a href="http://nrotc.oregonstate.edu/">http://nrotc.oregonstate.edu/</a>