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# Naval Reserve Officers Training Corps
## Parent Handbook

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Welcome Aboard!

Your son or daughter is about to embark on a pivotal chapter in life – the undergraduate college experience – and will be making choices over the next four years about his or her academic major, extracurricular activities, and future service in the U.S. Navy and Marine Corps.

This handbook is designed to help you as parents find answers to your questions regarding the program and the lifestyle that your midshipman has chosen; our activities, policies, and the commitment made by your son or daughter following their graduation and commissioning. I hope that you find it helpful and that you will keep it as a reference as questions arise.

This year’s freshman class has already made an important choice – to participate in the Naval Reserve Officers Training Corps (NROTC). This educational pathway will both encourage and motivate them to connect with knowledgeable faculty and advisors who have been specifically selected from the fleet to work with your midshipman. Please know that your continued support and encouragement will make a tremendous impact upon the success of your student.

We want to welcome you to our Navy and Marine Corps family; and as always, if you have further questions or concerns, please contact our staff. I’m sure you will find them extremely helpful.

R. K. WOOD II
CAPT, USN
Commanding Officer, OSU NROTC
NROTC Mission Statement

To develop midshipmen morally, mentally, and physically, and to imbue them with the highest ideals of duty, honor and loyalty, and with the core values of honor, courage and commitment in order to commission college graduates as naval officers who possess a basic professional background, are motivated toward careers in the naval service, and have a potential for future development in mind and character so as to assume the highest responsibilities of command, citizenship and government.

New Student Orientation

Our NROTC New Student Orientation (NSO) is structured to provide entry-level familiarity with military life and the NROTC program in particular. It is not boot camp or a weeding out period – we want everyone to be successful. The adjustment into a military environment can be stressful and NSO will be a challenge for your son or daughter. We will put them in stressful situations so that they will learn how to deal with military stress, and to teach them that they can deal with many different types of stress. We do not expect that new midshipmen will emerge from this training as fully polished military personnel, but we do expect to establish a solid foundation for the learning, growth, and opportunities that the next four years will present.

Specifically, NSO affords us the opportunity for:

- Issuance of uniforms and basic indoctrination in Navy uniform regulations and grooming standards.
- Instruction in the basics of military customs, courtesies, traditions, and organization, including unit regulations and chain of command.
- Acquisition of basic competency in military drill and ceremony.
- Physical Fitness Training to determine the midshipman individual level of readiness to meet NROTC program and the Navy or Marine Corps standards.
- Instruction in the individual responsibilities of midshipmen, and the privileges and benefits of participation in the NROTC program.

During NSO, your midshipman will participate in many activities with other members of his or her class. Your son or daughter should expect to participate in the following: Physical Training and a Physical Fitness Assessment (PFA), introduction to drill, classes on military customs, history and proper uniform wear, swim qualifications, academic success, and time management.

Safety is omnipresent during NSO. Your son or daughter is the future of our Naval service. All of their training has been carefully scrutinized to eliminate any needless risk. Members of our staff will be with your son or daughter every step of the way. Our goal is to motivate by example – demonstrating excellence through leadership.

The importance of NSO cannot be overstated. Due to the many schedule demands on your son or daughter during the school year, NSO provides us an invaluable opportunity for instruction. In order to maximize this opportunity, it is imperative that each student arrive in the right frame of mind, expecting to be challenged, and in good physical condition. Ideally we would like everyone to be able to run three miles without stopping and for each student to be able to complete 1.5 miles in 00:12:30 minutes (males) or 00:15:00 minutes (females). If your son or daughter is not able to accomplish this prior to NSO, we still want them to come – it will simply be more challenging. Nothing is insurmountable and we are trained to help them succeed.
Naval Reserve Officers Training Corps
Parent Handbook

The following tables define USN and USMC physical fitness standards. Students should strive to attain at least the minimum scores in Table 2 and Table 3 per OPNAVINST 6110.1J below:

**USN Physical Readiness Test (PRT) Standards for males**

<table>
<thead>
<tr>
<th>Performance Level</th>
<th>Points</th>
<th>Males: Age 17-19 years</th>
<th>Males: Age 20-24 years</th>
<th>Males: Age 25-29 years</th>
<th>Males: Age 30-34 years</th>
<th>Males: Age 35-39 years</th>
<th>Males: Age 40-44 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Points</td>
<td></td>
<td>Curl-ups</td>
<td>Push-ups</td>
<td>1.5-mile run</td>
<td>500-yd swim</td>
<td>450-m swim</td>
<td>Curl-ups</td>
</tr>
<tr>
<td>“Maximum”</td>
<td>100</td>
<td>109</td>
<td>92</td>
<td>8:15</td>
<td>6:30</td>
<td>6:20</td>
<td>105</td>
</tr>
<tr>
<td>Outstanding</td>
<td>90</td>
<td>102</td>
<td>86</td>
<td>9:00</td>
<td>7:15</td>
<td>7:05</td>
<td>95</td>
</tr>
<tr>
<td>Excellent</td>
<td>75</td>
<td>90</td>
<td>76</td>
<td>9:45</td>
<td>8:30</td>
<td>8:20</td>
<td>87</td>
</tr>
<tr>
<td>Good</td>
<td>60</td>
<td>62</td>
<td>51</td>
<td>11:00</td>
<td>11:15</td>
<td>11:05</td>
<td>60</td>
</tr>
<tr>
<td>Satisfactory</td>
<td>45</td>
<td>50</td>
<td>42</td>
<td>12:30</td>
<td>12:45</td>
<td>12:35</td>
<td>46</td>
</tr>
</tbody>
</table>

**TABLE 2**

PRT STANDARDS FOR MALES

“Maximum” is the highest number of points attainable for an event.
# USN Physical Readiness Test (PRT) Standards for females

## TABLE 3
**PRT STANDARDS FOR FEMALES**

"Maximum" is the highest number of points attainable for an event.

<table>
<thead>
<tr>
<th>Performance Level</th>
<th>Points</th>
<th>Curl-ups</th>
<th>Push-ups</th>
<th>1.5-mile run</th>
<th>500-yd swim</th>
<th>450-m swim</th>
</tr>
</thead>
<tbody>
<tr>
<td>&quot;Maximum&quot;</td>
<td>100</td>
<td>109</td>
<td>51</td>
<td>9:29</td>
<td>6:45</td>
<td>6:35</td>
</tr>
<tr>
<td>Outstanding</td>
<td>90</td>
<td>102</td>
<td>47</td>
<td>11:30</td>
<td>8:30</td>
<td>8:20</td>
</tr>
<tr>
<td>Excellent</td>
<td>75</td>
<td>90</td>
<td>42</td>
<td>12:30</td>
<td>9:45</td>
<td>9:35</td>
</tr>
<tr>
<td>Good</td>
<td>60</td>
<td>62</td>
<td>24</td>
<td>13:30</td>
<td>13:00</td>
<td>12:50</td>
</tr>
<tr>
<td>Satisfactory</td>
<td>45</td>
<td>50</td>
<td>19</td>
<td>15:00</td>
<td>14:15</td>
<td>14:05</td>
</tr>
<tr>
<td>Failure</td>
<td>&lt;45</td>
<td>&lt;50</td>
<td>&lt;19</td>
<td>&gt;15:00</td>
<td>&gt;14:15</td>
<td>&gt;14:05</td>
</tr>
</tbody>
</table>

### Females: Age 20-24 years

| "Maximum"         | 100    | 105      | 48       | 9:47         | 7:15        | 7:05       |
| Outstanding       | 90     | 98       | 44       | 11:30        | 8:45        | 8:35       |
| Excellent         | 75     | 87       | 39       | 13:15        | 10:00       | 9:50       |
| Good              | 60     | 58       | 21       | 14:15        | 13:15       | 13:05      |
| Satisfactory      | 45     | 46       | 16       | 15:30        | 14:30       | 14:20      |
| Failure           | <45    | <46      | <16      | >15:30       | >14:30      | >14:20     |

### Females: Age 25-29 years

| "Maximum"         | 100    | 101      | 46       | 10:17        | 7:23        | 7:13       |
| Outstanding       | 90     | 95       | 43       | 11:45        | 9:00        | 8:50       |
| Excellent         | 75     | 84       | 37       | 13:23        | 10:15       | 10:05      |
| Good              | 60     | 54       | 19       | 14:53        | 13:30       | 13:20      |
| Satisfactory      | 45     | 43       | 13       | 16:08        | 14:45       | 14:35      |
| Failure           | >45    | >46      | >16      | >16:08       | >14:45      | >14:35     |

### Females: Age 30-34 years

| "Maximum"         | 100    | 98       | 44       | 10:46        | 7:30        | 7:20       |
| Outstanding       | 90     | 92       | 41       | 12:00        | 9:15        | 9:05       |
| Excellent         | 75     | 81       | 35       | 13:30        | 10:30       | 10:20      |
| Good              | 60     | 51       | 17       | 15:30        | 13:45       | 13:35      |
| Satisfactory      | 45     | 40       | 11       | 16:45        | 15:00       | 14:50      |
| Failure           | >45    | >40      | >11      | >16:45       | >15:00      | >14:50     |

### Females: Age 35-39 years

| "Maximum"         | 100    | 95       | 43       | 10:51        | 7:45        | 7:35       |
| Outstanding       | 90     | 88       | 39       | 12:08        | 9:30        | 9:20       |
| Excellent         | 75     | 78       | 34       | 13:45        | 10:45       | 10:35      |
| Good              | 60     | 47       | 14       | 15:53        | 14:00       | 13:50      |
| Satisfactory      | 45     | 37       | 9        | 17:00        | 15:15       | 15:05      |
| Failure           | >45    | >37      | >9       | >17:00       | >15:15      | >15:05     |

### Females: Age 40-44 years

| "Maximum"         | 100    | 92       | 41       | 10:56        | 8:00        | 7:50       |
| Outstanding       | 90     | 85       | 37       | 12:15        | 9:45        | 9:35       |
| Excellent         | 75     | 76       | 32       | 14:00        | 11:00       | 10:50      |
| Good              | 60     | 44       | 12       | 16:15        | 14:15       | 14:05      |
| Satisfactory      | 45     | 35       | 7        | 17:15        | 15:30       | 15:20      |
| Failure           | <45    | <35      | <7       | >17:15       | >15:30      | >15:20     |
USMC Physical Fitness Standards (Males)

<table>
<thead>
<tr>
<th>Performance</th>
<th>Males: Age 17-19 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class</td>
<td>Points</td>
</tr>
<tr>
<td>1st</td>
<td>100</td>
</tr>
<tr>
<td>1st</td>
<td>95</td>
</tr>
<tr>
<td>1st</td>
<td>90</td>
</tr>
<tr>
<td>1st</td>
<td>85</td>
</tr>
<tr>
<td>1st</td>
<td>80</td>
</tr>
<tr>
<td>1st</td>
<td>75</td>
</tr>
<tr>
<td>2nd</td>
<td>70</td>
</tr>
<tr>
<td>2nd</td>
<td>65</td>
</tr>
<tr>
<td>2nd</td>
<td>60</td>
</tr>
<tr>
<td>3rd</td>
<td>55</td>
</tr>
</tbody>
</table>

USMC Physical Fitness Standards (Females)

<table>
<thead>
<tr>
<th>Performance</th>
<th>Females: Age 17-19 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class</td>
<td>Points</td>
</tr>
<tr>
<td>1st</td>
<td>100</td>
</tr>
<tr>
<td>1st</td>
<td>95</td>
</tr>
<tr>
<td>1st</td>
<td>90</td>
</tr>
<tr>
<td>1st</td>
<td>85</td>
</tr>
<tr>
<td>1st</td>
<td>80</td>
</tr>
<tr>
<td>1st</td>
<td>75</td>
</tr>
<tr>
<td>2nd</td>
<td>70</td>
</tr>
<tr>
<td>2nd</td>
<td>65</td>
</tr>
<tr>
<td>2nd</td>
<td>60</td>
</tr>
<tr>
<td>3rd</td>
<td>55</td>
</tr>
</tbody>
</table>
Finally, while NSO is a serious event, we also make time for fun. Once acclimatized to their new role and responsibilities, your son or daughter will begin to develop an “esprit de corps”, a sense of fraternity with his or her fellow midshipmen, and an appreciation and pride for the history and traditions of Naval Service. This bond, and the trust and teamwork that accompany it, are the mark of all professional officers.

To learn more about a physical training plan prior to NSO, visit [https://www.nrotc.navy.mil](https://www.nrotc.navy.mil) and click on the Physical Training Plan link on the right side of the page. If you have specific questions or concerns regarding NSO, please do not hesitate to contact the unit.
Program Requirements

Students participating in the NROTC program are required to be U.S. Citizens. Those students who enter the program with a dual citizenship must relinquish their non-U.S. citizenship prior to commissioning. In addition, NROTC students are required to complete a Bachelor’s Degree at an accredited institution in four years and receive a commission as an officer in the United States Navy or the United States Marine Corps. Technical and Engineering majors are highly encouraged. It is recognized that some technical degrees are difficult to complete when combined with Naval Science classes. The student is likely to incur the cost of any extra terms, though the Navy may be willing to pay if the student can show they did everything possible to complete on time.

Academic Requirements

The following are the academic requirements for participation in the NROTC program and commissioning per the Navy’s Regulations for Officer Development:

<table>
<thead>
<tr>
<th>Courses</th>
<th>Completed by end of year:</th>
<th>Minimum Semester Hours</th>
<th>USN Scholarship</th>
<th>USM Scholarship</th>
<th>USN CP</th>
<th>USMCP</th>
<th>Nurse</th>
<th>ST A-21</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calculus</td>
<td>Sophomore</td>
<td>6</td>
<td>R</td>
<td>A</td>
<td>A</td>
<td>A</td>
<td>N</td>
<td>P</td>
</tr>
<tr>
<td>Physics</td>
<td>Junior</td>
<td>6</td>
<td>R</td>
<td>A</td>
<td>A</td>
<td>A</td>
<td>N</td>
<td>P</td>
</tr>
<tr>
<td>College Algebra or Advanced Trigonometry</td>
<td>Junior</td>
<td>6</td>
<td>--</td>
<td>--</td>
<td>R</td>
<td>A</td>
<td>N</td>
<td>P</td>
</tr>
<tr>
<td>Physical Science</td>
<td>Senior</td>
<td>6</td>
<td>--</td>
<td>--</td>
<td>R</td>
<td>A</td>
<td>N</td>
<td>P</td>
</tr>
<tr>
<td>American History or National Security Policy</td>
<td>Senior</td>
<td>3</td>
<td>R</td>
<td>R</td>
<td>R</td>
<td>R</td>
<td>N</td>
<td>P</td>
</tr>
<tr>
<td>World Culture and Regional Studies</td>
<td>Senior</td>
<td>3</td>
<td>R</td>
<td>A</td>
<td>R</td>
<td>A</td>
<td>R</td>
<td>P</td>
</tr>
<tr>
<td>English</td>
<td>Sophomore</td>
<td>6</td>
<td>R</td>
<td>R</td>
<td>R</td>
<td>R</td>
<td>R</td>
<td>R</td>
</tr>
</tbody>
</table>

*Navy option students must complete Calculus prior to the start of their junior year and Calculus-based physics prior to the start of their senior year.*

*College Program students are required to complete three terms of advanced mathematics and three terms of physical science. All Navy College Program students are encouraged to complete Calculus and Physics to enhance their competitiveness for scholarships.*
Students who complete requisite NROTC program classes are eligible to receive a minor in Naval Science at Oregon State University. Students are required to maintain an academic Grade Point Average (GPA) of 2.5 on a 4.0 scale to remain in good standing.

**Summer Training**

All scholarship students and rising senior college program midshipmen will participate in summer training or “Summer Cruise” lasting an average of 4 weeks following every academic year. The first summer training event is CORTRAMID (Career Officer Reserve Training for Midshipmen) and provides a brief exposure to the Marine Corps ground and Naval unrestricted line communities; to include Surface Warfare, Submarine Warfare, Aviation, and Infantry. The second and first-class summer training allow students to explore the enlisted and officer responsibilities at sea and afford an opportunity for in-depth exploration of the aviation, submarine or surface communities. Second-class Marine Options attend Mountain Warfare Training, while
first-class Marine Options attend Officer Candidate School. Students are given the opportunity to provide input with regard to where they would like to travel and when they would like to go. This allows students to plan the remainder of their summers; including work, family vacations, or for continued study. It is recommended that the student obtain a valid US Passport to allow maximum opportunity for overseas training assignment.

**Physical Training**

All students are required to maintain at least the minimum levels of physical fitness as prescribed by the Navy and Marine Corps. (See Tables provided on pages 3-5.)

Navy Option midshipmen are required to achieve a minimum of *Good* on their bi-annual Physical Fitness Assessment (PFA), and Marine Option midshipmen are required to achieve a *1st Class* (225 out of 300) on their Physical Fitness Test (PFT) and a *1st Class* (270 out of 300) on their Combat Fitness Test (CFT). Students who achieve less than the minimum score will be placed in a Fitness Enhancement Program (FEP) which will require additional (logged) weekly workouts.

**Option Specific Requirements**

Navy Option midshipmen are also required to qualify:
- Swimming – *3rd Class* swimmer prior to sophomore year

Marine Option midshipmen are also required to:
- Participate in Semper Fidelis Society activities
- Successfully complete Officer Candidate School (OCS)
Monetary Benefits

Scholarship Students

NROTC covers the following for scholarship students:

- Tuition and mandatory fees
- Quarterly stipend for books ($250)
- Monthly stipend for expenses during academic year ($250 for freshman, $300 for sophomores, $350 for juniors, $400 for seniors)
- All uniforms

Tuition is paid between the middle and end of the term. You can expect to receive tuition bills from the university; however, you do not need to pay the tuition and mandatory fees portion of the bill. The NROTC unit will inform the university that your student is part of the program and that the tuition will be paid. However, payment cannot be made until the student has completed their DODMERB physical evaluation and found fully qualified. Tuition will be paid retroactively to the start of the term, but the stipend will be paid beginning the date the student is found physically qualified.

In the event of a change in your student's status, your student should inform you if his or her tuition will not be paid. (See Change of Status)

College Program Students

College Program midshipman are non-scholarship students at their selected universities. “College Programmers” are considered members of the NROTC unit and participate in the same activities as students with scholarships. College Program students may apply for a variety of scholarships after their first term of participation in the program. A limited number of two and three year scholarships exist both for the Navy and Marine Corps. Scholarships are awarded based on academic and physical performance. Your student may increase his or her opportunity to obtain a scholarship by achieving good grades, participating in battalion activities, scoring well on the physical fitness assessment and taking calculus and physics early in his or her college career.

The College Program pays for uniforms and instructional fees for Naval Science courses.

If the College Program student does not earn a scholarship, they may be selected for “advanced standing” at the beginning of their junior year. Advanced Standing, College Program students may receive a monthly stipend for a maximum of 20 months. They are required to complete the academic requirements (see Program Requirements) and one summer cruise.

Projected Oregon State University tuition and mandatory fees can be accessed at the link below and are based on the 2013-2014 academic year for Pre-Engineering undergraduate; books and supplies costs may vary; room and board is calculated here on a double occupant room in Finley Hall with a basic meal plan.

<table>
<thead>
<tr>
<th>Expense Type</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition &amp; Mandatory Fees</td>
<td>$9,861</td>
<td>$23,292</td>
</tr>
<tr>
<td>Books &amp; Supplies</td>
<td>$1,908</td>
<td></td>
</tr>
<tr>
<td>Room &amp; Board</td>
<td>$8,606.81</td>
<td></td>
</tr>
</tbody>
</table>


Room and Board

The NROTC program does NOT cover room and board. Oregon State University does not provide room and board specifically for NROTC students. However, students can apply for additional financial aid from the university to be applied for these expenses. When making dorm assignments, the university does attempt to place NROTC students together in Finley Hall. Students may request specific dorm assignments through University Housing and Dining Services (UHDS) at (541) 737-4771 or (800) 291-4192. College Program students can request Finley Hall in order to be in closer proximity to the NROTC unit and their peers.

Tutoring

OSU has tutoring resources available to students; however, the OSU NROTC unit pays for calculus and physics tutors and other tutors on an as-needed basis as an additional resource for NROTC students.
NROTC Policies

The following policies apply to the students of the NROTC program, as well as to staff interaction with both the NROTC students and their parents. Additional policies regarding changes in student status will be discussed in the Change of Status section of this handbook.

A Student’s Right to Privacy - Family Education Right to Privacy Act (FERPA)

As an adult, your student is entitled to privacy with respect to his or her grades, records, and private life. Students participating in the NROTC program sign two privacy act statements upon enrolling in the program:

- Medical Statement – for use in medical and dental records
- Privacy Act Statement – for use in enlistment records

Students are required to sign both the Medical and General Privacy Act Statements. FERPA was enacted to protect your student’s right to privacy. Therefore, under most circumstances, before the NROTC program can discuss a student's status, the student must give permission.

As a result if you do call to request information, our advisors may recommend that you speak directly with your student.

Drug Policy and Urinalysis

The Department of the Navy has a zero tolerance policy with regard to drug use. The Commanding Officers of all NROTC units are authorized to conduct urinalysis for drug screening.

Upon enrollment in the program, all students will sign a statement concerning pre-service illicit drug use. Beginning their first term, all students will participate in a drug testing program. In the event that a student tests positive for drugs, a Performance Review Board (PRB) will be immediately convened and the student will be recommended for disenrollment on the first offense.

Alcohol Policy

Standard Navy policy applies to all hands and alcohol abuse (underage drinking, driving under the influence, public drunkenness, etc.) will not be tolerated. Students should ask themselves, “are my actions worth the risk of losing my college funding or the opportunity to get my degree and/or having to pay back whatever has been spent by the government?” Students should not confuse socializing with alcohol abuse. Socializing is highly encouraged and a great time can be had without the abuse of alcohol.

Since we are training future leaders, we will hold our students responsible for incidents that they should have prevented (e.g., party at your house and another student has an accident while driving drunk after leaving your home).
Participation in Battalion Activities

We expect all NROTC midshipmen to participate in required activities such as: Navy and Marine Corps birthday celebrations, fundraising, Fall Ball and Spring Ball, Joint Service Review, and the Spring Awards Ceremony. When the Northwest Navy competition is held in Corvallis, we expect everyone to participate in some manner (to include: competitor, coach, manager, timer, judge, or another contributing position). We also encourage midshipmen to participate in other extracurricular activities offered by the NROTC unit.

Priorities

NROTC midshipmen should seek what we call "Balance." There is no question that academics are important. A midshipman cannot commission if he or she does not complete their degree. Their goal should be to graduate with honors. It is also important to remember academics are not everything. Were that so, we could take people straight from the graduation ceremony podium with diploma in hand, and "give" them a commission. Instead, we spend four years developing their leadership abilities and physical skills to facilitate earning a commission as a junior officer. Midshipmen battalion duties contribute to their leadership growth. Their athletic activities contribute to their fitness and physical and emotional health. Your son or daughter should remain focused and never lose sight of the fact that each one of these areas is important in its own right.

Have Fun

The old adage is true. "If you aren't having fun, you aren't doing it right." It won't always be fun, but students should strive for it. A positive atmosphere produces quality results for both future leaders and those they seek to lead. Your son or daughter is part of a great organization and is destined for other great organizations: the U.S. Navy and U.S. Marine Corps.

Interaction with Advisors

One distinct advantage of the NROTC program is that your midshipman will have a dedicated student advisor at the NROTC unit. These advisors are active duty Navy and Marine Officers who also teach Naval Science courses. The advisors check degree plans, confirm that program requirements are being met, verify class schedules, and advise midshipmen on academic and other matters as necessary.

In exchange, midshipmen are required to complete the following:

- A minimum of two meetings with his or her advisor per term
- Provide his or her advisor with an up-to-date class schedule
- Provide his/her advisor with a degree plan that is signed by the academic advisor.
- Keep advisor aware of problems – academic or otherwise – that are affecting the student’s work, studying or summer cruise
- Inform his or her advisor prior to dropping any class, if they wish to change their major, or registering for online or web-based courses

The advisors’ doors are always open to students. Students can stop by or schedule appointments in person, by phone, or by email.
Unfortunately, during the course of your student’s college career, unforeseen circumstances may arise that affect his or her status as a midshipman. This section will describe three categories of potential problems. The examples given below are not all inclusive. Each student’s case is determined on an individual basis; however, the information summarizes the guidelines that our staff will use in assessing your student’s status.

**Academic** – your student is required to maintain a term and cumulative grade point average (GPA) greater than or equal to 2.5 on a 4.0 scale (3.5 on a 5.0 scale). All students must pass all NROTC requirements and required classes for their majors.

**Aptitude** – this category applies to physical fitness, swim qualification, military bearing, and general behavior. Your student will receive an evaluation every term that assesses his or her aptitude in the items listed above. To remain in good standing, your midshipman must satisfactorily pass the physical fitness assessment (PFA), complete the required qualifications, and demonstrate the character and bearing required of a future Navy or Marine Corps officer.

**Medical** – this category covers illnesses or injuries that potentially affect your midshipman’s academics, ability to meet required fitness or swim standards, or potential to be commissioned. Some examples of conditions requiring medical action include; torn ligaments, migraine headaches, mononucleosis, a broken bone, or laser eye surgery. See the Leave of Absence (LOA) paragraph of this section for more information.

**Good Standing**

All midshipmen begin the program in good standing. Students remain in good standing as long as they meet the program requirements, participate in required activities, and remain on track to graduate and be commissioned within four years.

**Warning – Academic/Aptitude**

Students will be placed in a warning status for an academic or aptitude GPA of less than 2.5. Warning status may require mandatory study or workout hours, and a weekly meeting with your midshipman’s NROTC advisor, as well as additional actions as required by the case.

**Probation – Academic/Aptitude**

Students will be placed on probation for an academic or aptitude GPA of less than 2.0, failure of a required class, or a first time PFA failure (excluding seniors). Students will be notified in writing of the terms of their probation and the actions required to be removed from probation. Failure to complete these actions will result in a Performance Review Board (PRB) and a possible recommendation for Leave of Absence or Disenrollment.

**Performance Review Board (PRB) – Academic/Aptitude**

This is a three member board, usually convened by the Executive Officer (XO), to review the performance of a
Naval Reserve Officers Training Corps
Parent Handbook

midshipman. The PRB may recommend a change in student status, including Leave of Absence or Disenrollment. A PRB may be convened for repeated poor academic or aptitude performance, multiple or repeated class failures, multiple PFA failures (first-time failures for seniors), failure to meet program requirements prior to the prescribed deadlines, or a positive drug test, as well other reasons as the Commanding Officer requires.

**Leave of Absence (LOA) – Academic/Aptitude/Medical**

A Leave of Absence may be recommended for any of the reasons listed above, as well as for medical problems (while awaiting further evaluation), or if the student requires more time to graduate. During LOA, all benefits are suspended, including tuition and stipends; your student will be required to cover all of his or her own expenses. The midshipman will be notified in writing of the required actions to complete in order to be returned to good standing. Under normal circumstances continued participation in the NROTC program will be one condition of the LOA.

Your student may request a Personal LOA for personal reasons or to pursue graduate education. Your student then voluntarily elects to cover his or her own expenses for the term(s) that he or she is not participating in the NROTC program.

A student may be placed on Medical LOA, following pregnancy, illness, injury, or elective surgery pending further medical evaluation. Your student should keep copies of all records and doctor assessments. Provided that your student heals quickly, and the Naval Bureau of Medicine concurs that your student is physically qualified for commissioning, all benefits – including tuition and stipends – are reimbursable. If, for some reason, your student is not commissionable following his or her injury or illness, a determination will be made by the Naval Service Training Command (NSTC) regarding disenrollment and recoupment.

**Disenrollment and Recoupment**

It is very important that each student read and understand the NROTC Scholarship Service Agreement very carefully as this document defines the term obligations in reference to disenrollment and recoupment.

Disenrollment is voluntary or involuntary removal from the NROTC program. Disenrollment will be recommended for the following (please note that this list is not all-inclusive):

- Failure to meet required actions during academic or aptitude LOA
- third PFA failure or failure to meet Good Low Run standard during senior year
- drug use (automatic PRB and disenrollment for first positive test)

Scholarship students who voluntarily separate from the NROTC program during their freshman year are not normally required to reimburse the program. However, midshipmen incur an obligation the first day of their sophomore year, which includes the repayment of freshman benefits. In addition, before we are allowed to pay tuition for the Fall term, all students must be in "good standing" for the first 45 days of the Fall term.

If they lose their standing or drop any time prior to the 46th day of the Fall term, their tuition will not be paid, and they will be liable to the University for all tuition and mandatory fees. During NSO every scholarship student signs a copy of the NROTC Scholarship Service Agreement which explains the terms in further detail.
Scholarship students, who are disenrolled after the first day of their sophomore year, will be subject to monetary recoupment. Students are required to reimburse the government for all expenses incurred during their time in the program if they are dis-enrolled, or they may request or may be assigned active enlisted service in lieu of monetary recoupment.

A student who is disenrolled for medical reasons may or may not be required to reimburse the Naval ROTC program for expenses incurred. Most often they are required to provide reimbursement.

College Program midshipmen may disenroll from the program at any time prior to being placed in advanced standing. Once a college program student is placed in advanced standing or receives a scholarship, he or she incurs the same obligation as those who entered the program on scholarship.

**Clubs and Activities**

Midshipmen in the NROTC program participate in several different activities. This section will discuss a few of these activities.

**Group Activities**

On a weekly basis your student will course laboratory sections; Leadership and/or Professional Development. Leadership laboratory is the weekly meeting of the NROTC battalion. Midshipmen meet with their student chain of command to discuss current events and career opportunities or to participate in unit functions.

Your student is responsible for maintaining his or her own physical fitness (PT); however, PT activities will be provided. The NROTC unit conducts weekly organized PT sessions.

**Community Service**

Community service is central to our mission, “to develop midshipmen morally, mentally, and physically, and to imbue them with the highest ideals of duty, honor and loyalty.” Therefore, midshipmen are always encouraged to perform community service – both ongoing and one-time events are planned throughout the academic year. Opportunities such as JROTC drill judging, military funeral honors, Veteran’s and Memorial Day support, Oregon Food Share, Blood Drives, Relay for Life, and The March of Dimes are some of the events that our students support.

**Semper Fidelis Club**

The intent of the Semper Fi club is to provide mentorship to future Marine Corps officers in all areas pertaining to good conduct and effective leadership. In this regard the primary aim is to instill confidence, decisiveness, initiative, and to expand the knowledge base of the Corps’ future leaders. Each member of the club is assigned a mentor to guide them along the path to becoming successful leaders of Marines. The objectives of the club are achieved through professional military instruction, a demanding physical training regimen, and field exercises aimed at preparing midshipmen for Officer Candidates School (OCS) and future service as a company grade officer in the operating forces.
Aviation Club

The Aviation club meets once every two weeks. The purpose is primarily to educate people interested in being pilots or naval flight officers (NFOs) in the Navy. Additionally the club helps prepare for the Aviation Selection Test Battery (ASTB), which all potential aviators need to take in order to be eligible for selection. The Aviation Club does a number of fundraising activities in order to support an annual trip to a nearby U.S. Naval base, where we tour the facilities and get a close-up look at different aircraft.

Submarine Club

The purpose of the Submarine club is to promote camaraderie and esprit de corps among the future members of the Navy’s “Silent Service” and those selected for the SWO Nuclear program. The club activities include monthly meetings, briefs given by current and former and enlisted submarine officers, and a yearly trip to the Officer's Submarine Ball in Northwest Washington. Sub Club doesn't currently hold a regular meeting time, but meets at least once a month.

Surface Warfare (SWO) Club

The SWO club meets every other week. The mission is to educate and prepare Midshipmen of the Naval Reserve Officers Training Corps and interested students of Oregon State University in the science, history, and leadership roles for a career as a Surface Warfare Officer in the United States Navy as well as further educate those interested in pursuing a career within the SWO community. Club activities include briefs, game nights, and recreational PT. Fundraisers are conducted on an infrequent basis to aid in the execution of a trip to the Portland Rose Festival where participants can tour U.S. Naval ships and learn more about their service to the fleet.

Battalion Events

The OSU NROTC Battalion hosts several unit functions each year including: Veteran’s Day Parade, Northwest Navy competition, Joint Service Review, Spring Awards Ceremony, as well as several Commissioning Ceremonies. These activities allow students to interact outside of the battalion, and help build lasting ties between the midshipmen.

Additionally, the students attend a Navy and Marine Corps Birthday Ball during the fall term, and a Spring Ball during the spring term. These balls give the students the opportunity to interact with officers and civilians at a military social function while having fun. Seniors participate in a Senior Mess Night which is a fun and formal dinner with only their classmates and staff.

Joint Service Review (JSR) and Spring Awards Ceremony

The annual Joint Service Review is conducted at OSU during the spring term, usually at 10:00 a.m. in April or May. The Army, Navy, and Air Force ROTC units conduct a formal military parade before Commanding Officers and university and invited State government officials.

The Spring Awards Ceremony follows JSR later that same afternoon, and if followed by a social gathering at the unit. Several midshipmen receive awards for outstanding performance, academic achievements and community service. Parents are encouraged to attend both of these events.
Northwest Navy
During the academic year students have the opportunity to participate in a regional NROTC competition between Naval ROTC units in the Northwest. Participating units include Oregon State University (2016 host), Washington State University/University of Idaho (2015 host), University of Utah (2014 host), and University of Washington (2017 host). The competition is usually held around spring break, and students of all skill levels are encouraged to compete. The event is held annually on a rotating basis at each of the universities. Students compete in many sporting events which include physical skills, basketball, volleyball, soccer, swimming, academics, drill, and marksmanship. Parents are may wish to attend.

NROTC Annual Recurring Events

**September**
New Student Orientation (NSO)

**October**
Navy Birthday Cake Cut Ceremony and Fall Ball

**November**
USMC Birthday Cake Cut Ceremony
*Veteran's Day Parade

**March**
SWO Ship selection
Spring Break

**April**
Northwest Navy Competition
Senior Mess Night
Submarine Ball

**May**
*Joint Service Review & Spring Awards Ceremony
Military Officers Club of Corvallis (MOCC) Dinner
Spring Ball
Memorial Day Ceremonial Support

**June**
Portland Rose Festival
*NROTC Commissioning Ceremony (held the Friday before graduation)
*OSU Commencement

*Parents are encouraged to attend!
Life after NROTC

Service Assignment

Approximately 9 to 12 months prior to commissioning, Navy option students submit their choices of warfare communities in which they would like to serve. A Service Assignment package is put together and reviewed by the Commanding Officer who endorses their choices based on their performance while in the NROTC program. The package is then forwarded to Naval Service Training Command (NSTC) for final approval. This is a competitive process where grades, physical fitness, and overall aptitude are scrutinized. The results are announced, and students begin to receive official orders to their first duty stations as commissioned officers, typically by the end of October of their senior year.

Commitment

All students who participate in the NROTC program, and are commissioned into the Navy or Marine Corps, agree to an eight-year minimum service commitment depending upon their selected community. The active duty and inactive reserve duty commitments vary, but add up to at least eight years of service, four active and four reserves.

**Surface Warfare or Special Warfare:** 4 years active duty.

**Submarine, Surface Nuclear, or Naval Reactors:** 5 years active duty.

**Aviation – Naval Flight Officer (NFO) or Pilot:** 6 years active duty, after wings, typically 2-years (NFO), 8 years active duty, after wings (Pilot).

**Marine Corps – Military Occupation Specialty (MOS) dependent:** 4 years active duty minimum.
Glossary of Terms and Abbreviations

**Advanced Standing**
College program midshipman, in his or her junior or senior year, who is receiving a stipend and has agreed to serve on active duty in the Navy or Marine Corps.

**College Program**
Midshipman who is voluntarily participating in the NROTC program without scholarship benefits.

**CORTRAMID**
Career Orientation and Training for Midshipmen: Summer training at Norfolk, VA, or San Diego, CA for rising sophomores (those students who will become a sophomore in the coming Fall term.)

**First Class (1/C)**
Fourth-year midshipman: Typically a senior.

**Fourth Class (4/C)**
First-year midshipman: Typically a freshman.

**LOA**
Leave of Absence

**Midshipman**
Student participating in the NROTC program

**Navy Option**
Midshipman who will be commissioned as a naval officer following graduation and commissioning

**Marine Option**
Midshipman selected for commissioning as an officer in the Marine Corps following graduation

**Pass In Review**
Annual formal parade of all university ROTC units, for presentation to university officials

**PFA**
Physical Fitness Assessment (Navy)

**PFT**
Physical Fitness Training (Marine Corps)

**PRB**
Performance Review Board

**Scholarship Student**
Midshipman whose tuition is being paid for by the NSTC - NROTC program
Second Class (2/C)
Third-year midshipman. Typically a junior.

Semper Fidelis Society
Association of all Marine Options and any other willing midshipman

Third Class (3/C)
Second-year midshipman. Typically a sophomore.
# Naval ROTC Staff Directory

<table>
<thead>
<tr>
<th>Position</th>
<th>Phone Number</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commanding Officer (CO)</td>
<td>(541) 737-5606</td>
<td>CAPT Richard Wood</td>
</tr>
<tr>
<td>Executive Officer (XO)</td>
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<td>CDR Brandon Christensen</td>
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<tr>
<td>Marine Officer Instructor (MOI)</td>
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<td>Capt. Jeff Price</td>
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<tr>
<td>Assistant Marine Officer Instructor</td>
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<td>MSgt Jonathan Rich</td>
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<tr>
<td>Advisor, Freshman Class</td>
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<td>LT Benjamin Kyler</td>
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<tr>
<td>Advisor, Sophomore Class</td>
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<td>LT Andrew Gaynor</td>
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<tr>
<td>Advisor, Junior Class</td>
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<tr>
<td>Office Manager</td>
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<tr>
<td>Admin &amp; HR Officer</td>
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<td>Senior Chief (Ret) Tim Hagey</td>
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<tr>
<td>Supply Officer</td>
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<td>Ms. Dottie Engle</td>
</tr>
<tr>
<td>Fax Number</td>
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<td></td>
</tr>
</tbody>
</table>

| Mailing Address                         | NROTC Oregon State University |
|                                        | 104 Naval Armory               |
|                                        | Corvallis, OR 97331           |

| Unit Web Address                        | http://nrotc.oregonstate.edu/ |

NOTES: