

## NSO 2021 REQUIRED GEAR LIST

This gear will be brought together in one bag; all other items brought to NSO will be kept separate:

- Undershirts [white, crew neck] (6)
- Underwear (6)
- Sports bras [females] (3)
- Socks [white, ankle length] (6 pairs)
- Running shoes [not cross trainers or high-tops]
- Towels [white] (2)
- Washcloths [white] (2)
- Shower shoes
- Hygiene Gear
  - Toothbrush
  - Toothpaste
  - Razor & shaving cream
  - Shampoo & soap
  - Nail clippers
  - Sunscreen
  - Hand sanitizer
- Bobby pins or clips and hair spray [females, hair-colored]
- Foot care products [powder, spray, blister care]
- Black shoe polish kit [to include brush, dauber, and polish; Kiwi as recommended brand]
- Small bottle of laundry soap [liquid]
- Lint roller
- Sewing kit [to include small scissors]
- Ruler [12 inches; able to measure down to 1/16"]
- Hangers (4)
- Notebook
- Ball point pens [black] (2)
- Pencils (2)
- Combination padlock
- White athletic tape, 1 inch (1 roll)
- Mesh laundry bag [to hold clothes in washer/dryer]
- Cloth marker [black permanent marker]
- Proper civilian attire (described below): You will need two sets of proper civilian attire. One will be worn when you arrive the first day of NSO; the other set will be left with the rest of your gear at Camp Adair and worn upon return to OSU.
  - Collared shirt [long sleeve, polo, or button down]
  - Khaki slacks [denim and baggy trousers strictly prohibited]
  - Black/brown dress belt [to match with socks and shoes]
  - Black/brown dress socks
  - Black/brown leather dress shoes [high heels prohibited]

**DO NOT BRING knives, multi-tools, weapons of any kind, cell phones, or electronic devices to NSO.**

**Avoid bringing luggage that is excessively large in size.**

**Mark all gear with last name prior to arrival.**

**Notify staff of any required medications and/or allergies.**